

## **HOW CAN I CONTRIBUTE TO PEACE**

I contribute to Peace when I strive to express the best of myself in my contacts with others.

I contribute to Peace when I use my intelligence and my abilities to serve the good.

I contribute to Peace when I feel compassion toward all those who suffer.

I contribute to Peace when I look upon all as my brothers and sisters, regardless of race, culture, or religion.

I contribute to Peace when I rejoice over the happiness of others and pray for their well-being.

I contribute to Peace when I listen with tolerance to opinions that differ from mine or even oppose them.

I contribute to Peace when I resort to dialogue rather than to force to settle any conflict.

I contribute to Peace when I respect Nature and preserve it for generations to come.

I contribute to Peace when I do not seek to impose my conception of God upon others.

I contribute to Peace when I make Peace the foundation of my ideals and philosophy.

– Author Unknown

